

## **Junior Fitness Suite Admission Policy**

### **All Participants must have a Fitness Suite Induction Prior to Using the Facility**

Juniors aged 12 & 13 years can use the facility as long as they are accompanied by a responsible person aged at least 16 years who is taking part in activity

Juniors aged 14 & 15 years can use the facility unaccompanied.

Juniors aged 16 & 17 years, no restriction on access.

The times that these groups can access the facility is as follows:

Unaccompanied juniors aged 14 & 15 years, Monday – Friday 15:30 – 17:30,  
Saturday & Sunday 09:00 – 15:00.

Accompanied juniors aged 12 – 15 years, Monday – Friday 15:30 - 19:00,  
Saturday & Sunday 09:00 – 15:00.

### **Major School Holiday Periods**

In addition to the above, Juniors can access the Fitness Suite between 09:00 – 15:30 Monday to Friday in line with admission policy detailed above.