

Invigor8 NOTICE

West Kirby Concourse

**All Participants must have a Fitness Suite Induction
Prior to Using the Facility**

**Teen Fitness Suite
Holiday Opening Hours
Opening Hours**

Monday – Friday
12pm- 6pm

Saturday & Sunday
1.30pm-4.00pm

12 & 13 year olds with an adult
14 & 15 year olds unaccompanied

Last Admit is ½ hour before closing time

Teen Only Session every

Friday 7.30pm-9.00pm

FOR MORE INFORMATION VISIT WIRRAL.GOV.UK/INVIGOR8