## Invigor8 NOTICE

## The Oval Leisure Centre Junior Fitness Suite Admission Policy

## All Participants must have a Fitness Suite Induction Prior to Using the Facility

(Please book an induction at reception or via the call centre at a cost of £5)

Juniors aged 14 years and older can use the facility unaccompanied with no restrictions on access.

Juniors aged 12 & 13 years can use the facility as long as they are accompanied by an adult who is taking part in activity.

Juniors aged 12 & 13 years can only use the fitness suite without being accompanied by an adult within Teen Sessions that are instructor lead.

The times of these sessions are:

Monday to Friday 3:30-5:30pm

All other times they will need to be accompanied.

## **Memberships**

Juniors can access the fitness suite via 'Pay and Play', cash or direct debit teen membership or as part of the Family invigor8 package. Please visit <a href="https://www.wirral.gov.uk/invigor8">www.wirral.gov.uk/invigor8</a> or speak to a member of staff for more details.

FOR MORE INFORMATION VISIT WIRRAL.GOV.UK/INVIGOR8