

## **Teen Fitness Opening Hours**

All Participants must have a Fitness Induction Prior to using the facility. A Parent or Legal Guardian must attend the induction with under 16's (Please book an induction at reception or via the call centre). Please bring proof of age.

- 16+ can attend anytime
- 14 – 15 may be unaccompanied at Teen Gym times
- 12 – 13 must be accompanied by an Adult during Teen Gym times

Last admin is ½ hour before closing time.

### **Europa:**

#### **Accompanied juniors aged 12 – 13 years:**

Monday – Friday: 4:00pm – 5:30pm

Saturday – Sunday: 9:00am – 12:00pm

#### **Unaccompanied juniors aged 14 – 15+ years:**

Monday – Friday: 5.00pm – 6:30pm

Saturday – Sunday: 9:00am – 12:00pm

#### **During school holidays Teen Fitness opening hours change to allow access\*\*:**

Monday – Friday: 9:00pm – 12:30pm

Saturday – Sunday:

### **Guinea Gap:**

#### **Accompanied juniors aged 12 – 13 years:**

Monday – Friday: 3.30pm – 7:00pm

Saturday – Sunday: 9:00pm – 3:00pm

#### **Unaccompanied juniors aged 14 – 15+ years:**

Monday – Friday: 3.30pm – 5:30pm

Saturday – Sunday: 9:00pm – 3:00pm

#### **During school holidays Teen Fitness opening hours change to allow access\*\*:**

Monday – Friday: 9:00am – 3:30pm

Saturday – Sunday:

### **Leasowe:**

**Accompanied juniors 12 – 13 years:**

Monday – Friday: 3.30pm – 5:30pm

Saturday – Sunday: 9:00am – 7:00pm

**Unaccompanied juniors 14 – 15 + years:**

Monday – Friday: 3.30pm – 5:30pm

Saturday – Sunday: 9:00am – 7:00pm

**During school holidays Teen Fitness opening hours change to allow access\*\*:**

Monday – Friday: 12:00pm – 6:00pm

Saturday – Sunday:

**Oval:**

**12+ years accompanied:**

Monday – Friday: 3.30pm – 5:30pm

Saturday – Sunday: 12:00pm – Close

**Unaccompanied juniors 14 – 15 + years:**

Monday – Friday: 3.30pm – 5:30pm

Saturday – Sunday: 12:00pm – Close

**During school holidays Teen Fitness opening hours change to allow access\*\*:**

Monday – Friday: 12:00pm – 5:30pm

Saturday – Sunday: 12:00pm - Close

**West Kirby Concourse:**

**Accompanied juniors aged 12 – 13 years:**

Monday – Friday: 3.30pm – 6:00pm

Saturday – Sunday: 1:30pm – 4:00pm

**Unaccompanied juniors 14 – 15 + years:**

Monday – Friday: 3.30pm – 6:00pm

Saturday – Sunday: 1:30pm – 4:00pm

**Teen Only Session (12+ can be unaccompanied)**

Friday: 7:30pm – 9:00pm

**During school holidays Teen Fitness opening hours change to allow access\*\*:**

Monday – Friday: 12:00pm – 6:00pm

Saturday – Sunday: 1:30am – 4pm

**Wirral Tennis Centre:**

**12+ years unaccompanied:**

Monday – Friday: 4.30pm – 6:30pm

Saturday – Sunday: 10:00pm – 12:00pm

Teens aged 12 – 15 years accompanied by an adult using the gym can attend during normal opening hours.

**During school holidays Teen Fitness opening hours change to allow access\*\*:**

Monday – Friday: 9:30am – 3:30

Saturday – Sunday:

**Accompanied juniors** (12-13 years old) – A parent, guardian or responsible adult\* (No older siblings, friends parents, uncles, aunts, etc.) must be a member using the facilities alongside the child. It is their responsibility to supervise behaviour.

**Unaccompanied juniors** (14-15 years old) – A parent, guardian or responsible adult\* (No older siblings, friends parents, uncles, aunts, etc.) does not have to be present for their teen to use the facilities.

\*Responsible adult MUST be 18+

All teen inductions (under 16's) **MUST** be accompanied by a Parent or Legal Guardian only. Please bring proof of age.

\*\*Teen Fitness opening hours during school holidays may vary.